

CTC Traditional Explanatory High Holiday Services 5779/2018



Rosh Hashanah – Begins Sunday night Sept 9th

- Candle Lighting: 7:20 p.m. Sunday Sept 9th
- Minchah/Maariv (evening service): 7:25 p.m.



Rosh Hashanah – Monday Sept 10th and Tuesday Sept 11th

- Shacharis: 9:00 a.m. followed by Torah reading at 10:15 a.m.
- Shofar and Mussaf at 11:30 a.m.
- Monday: Tashlich and Minchah (1st day): 6:45 p.m. followed by Maariv at 7:40 p.m.
- Tuesday: Maariv at 8:10 p.m followed by Havdalah at 8:25 p.m.



Yom Kippur Evening – Tuesday, September 18th

- Candle lighting: 7:07 p.m. Friday evening
- Kol Nidrei: 7:10 p.m.



Yom Kippur Day – Wednesday, September 19th

- Shacharis: 8:45 a.m.
- Torah Reading: 10:30 a.m.
- Yizkor/Sermon: 11:00 a.m.
- Mussaf: 11:30 a.m.
- Mincha: 5:30 p.m.
- Neila: 6:30 p.m.

Maariv followed by Havdalah and break fast: 8:02 p.m.

No membership necessary!

No Hebrew required!

Childcare available

Meaningful explanations

To join meals e-mail the info below

Pricing

\$180 per family
\$80 individuals and college students
\$25 for each child in Kids Group
Active military: free
Additional donations welcome

CTC High Holy Days **Rosh Hashanah** 5779 / 2018

Sunday September 9th

- Candle Lighting: 7:20 p.m.
- Minchah / Maariv: 7:20 p.m.

Monday September 10th

- Shacharis: 9:00 a.m.
- Torah Reading: 10:15 a.m.
- Followed by shofar and Mussaf at 11:30 a.m.
- Tashlich/Minchah: 6:45 p.m.
- Maariv (evening service): 7:25 p.m.

Tuesday September 11th

- Shacharis: 9:00 a.m.
- Torah Reading: 10:15 a.m.
- Followed by shofar and Mussaf at 11:30 a.m.
- Minchah: 7:25 p.m.
- Maariv: 8:10 p.m.
- Havdalah: 8:25 p.m.

Customs for Rosh Hashanah

The first night of Rosh Hashanah, we greet each other:

To a man: *L'Shana Tova Techasaiv Vessaichasaim L'Alter, L'chaim Tovim U'Lshalom.*

To a woman: *L'Shana Tova Techasaivi Ve Saichasaimi L'Alter, L'chaim Tovim U'Lshalom.*

(For a good year, may you be inscribed and sealed immediately for a good life and for peace.)

The Talmud tells us *Simana Milsah*, that what we do at the beginning of the year is an omen for what the year will bring. We therefore have the custom of eating an apple dipped in honey along with many other foods as a sign for a good year. (See Artscroll Rosh Hashanah Machzor, page 96-98)

CTC High Holy Days **Yom Kippur** 5779 / 2018

**Tuesday
September 18th**

- Candlelighting^{**}:
7:07 p.m. Friday evening
- Kol Nidrei: 7:10 p.m.

**Wednesday
September 19th**

- Shacharis: 8:45 a.m.
- Mussaf: 11:30 a.m.
- Torah Reading: 10:30
- Mincha: 5:30 p.m.
- Yizkor/Sermon: 11:00 p.m.
- Neila: 6:30 p.m.
- Maariv followed by Havdalah and break fast: 8:02 p.m.
- Maariv: 8:15 pm

Customs for Yom Kippur

^{**} If a woman is lighting at home and making a stipulation that she is not accepting Yom Kippur upon herself, she should not say the Shehecheyanu Bracha at candlelighting. Rather, she should say it when it is said in shul. One also has to make sure that the candle will still be burning when you return home.

In addition to the *Melachos* (creative activity which is forbidden on Shabbos) Yom Kippur has an additional five prohibitions:

- Eating and drinking
- Wearing leather shoes
- Anointing with oils
- Washing (Morning and when necessary: one may wash up to knuckles. If one has become dirty, one may wash off dirt.)
- Marital relations

There are also several customs for Yom Kippur:

- It is a mitzvah to eat the day before Yom Kippur.
- *Kapparos*- a chicken or money are used to say these words asking for forgiveness, Machzor page 2.
- After the *Seudas Hamafsekes* (the meal before the fast), there is a custom to bless one's children. This blessing can be found in the ArtScroll Yom Kippur Machzor on page 32.
- *Ner Nishma*- There is a custom to light a candle which will burn for all of Yom Kippur (one per couple). This is in addition to lighting a Yartzheit candle.
- *Tefilas Zakkah*- Before Kol Nidre, many have the custom of saying this highly emotional prayer asking for forgiveness and forgiving those who have wronged *you*.